

Hung-A-lal-ti Recreation



Hello Hung-A-Lel-Ti residents, we are proud to have open gym again Monday – Friday. It has been awhile since we've opened, so here are some gym rules.

6yrs-17yrs will have open gym from 4-7pm.

Younger kids should be accompanied by an adult.

18 and up will have open gym from 6-8pm.

Wellness Center Gym Rules

- * Absolutely No Alcohol or Drugs
- * No Food or Drinks (this includes candy or gum)
- * No Loitering or “Hanging Out” (You must be actively using the Gym)
- * During Adult Gym Time, Children under 16 years of age must be accompanied by an adult
- * No children under age 16 are allowed to use exercise equipment or free weights
- * No Gang Attire
- * No Foul Language or Cursing
- * No Street Shoes on the Gym Floor
- * No Dropping or Slamming of Exercise Equipment
- * Please Be Respectful of Others

DISOBEYING RULES RESULTS IN SUSPENSION

1st Offense	3 Days
2nd Offense	1 Week
3rd Offense	1 Month
4th Offense	Permanent Ban

RESIDENT RESPONSIBILITIES:

In order to do my best, I agree to be respectful, responsible, caring, fair, trustworthy, a good citizen.

I will strive to:

1. Use appropriate manners in speech and actions.
2. Not use inappropriate language, rude gestures, teasing or putdowns.
3. To keep hands, feet, and objects to myself.
4. To respect the rights and property of the Rec and others that attend.
5. To not bring or use alcohol, nicotine, or other drug related products that are not allowed at the Rec.
6. I agree to follow directions given by adults at the Gym and the Gym rules.

****By striving to do these things I will learn, let others learn, and help others to do their best!**

Resident signature

Date